



Associazione Italiana Master Scherma

## VETERANS TRAINING

22 - 28 August 2010

Fencing Technical Centre IMOLA (BO)



The **CIRCOLO DELLA SCHERMA IMOLA**, in collaboration with **AMIS**, organizes a training reserved to all the veteran fencers, to prepare both the 2010 Veterans World Championship and the incoming 2010-2011 season.

### VENUE of the training

**Centro Tecnico di Scherma e Ginnastica Artistica**, Via Ercolani, 16 - IMOLA (Bologna - Italy), located 500 meters from the A14 motorway toll-booth (exit Imola, direction "Centro")



### PROGRAMME from Monday August 23<sup>rd</sup> to Saturday August 28<sup>th</sup> 2010

Morning: 09h00-10h00 Physical training.  
10h00-12h30 Fencing lessons and bouts.

Afternoon: 16h30-19h00 Fencing lessons and bouts.

Saturday: Final tournaments.

The Technical Centre has a big fencing hall with 7 boards and a reserved area for physical training, a well-equipped weight room and adequate male and female dressing-rooms. Fencing activities will be integrated with free water activities by the swimming pool of the Molino Rosso hotel.

Upon request, it will be possible to play other sports, like tennis, riding, golf, etc.

### TECHNICAL STAFF

The following trainers will be available for the participants:

- Responsible fencing master: Nicola Comincini - Coach of the Italian Veterans National Team
- Masters of foil, épée and sabre
- Physical trainer: Andrea Terenzio
- Physiotherapist: Filippo Polgrossi
- Equipment technician: Giancarlo Ferri

### LODGING by Hotel Molino Rosso \*\*\*\* Via S.S. Selice, 49 - IMOLA

<http://www.molinorosso.it/> Tel. +39 0542 63111

Constructed on the site of an ancient mill, the Hotel Molino Rosso of Imola is renowned for its exceptionally warm hospitality and superb facilities. Its experience as a first class hotel began some 25 years ago, in which time it has developed an enviable reputation for quality and efficiency. Situated within extensive gardens, boasting an impressive array of sports facilities, and being a mere stones throw from Imola's famous "Dino and Enzo Ferrari motor racing circuit" makes the Molino Rosso Hotel the ideal destination. With its superb in-house business and leisure facilities, is



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is a popular choice for the business traveller, conferences and meetings, sports teams and of course for passing tourist visiting its immensely diverse region

Sports equipment enrich the complex and allow stays rich of healthy activities:  
approved football field and pre-Olympic pool.

### Participation FEE

o Fencer in single room all services included	Euro 510
o Fencer in double room all services included	Euro 460
o Companion in single room	Euro 440
o Companion in double room	Euro 390

The "Fencer" fee includes:

- All the activities by the Technical Centre from Monday August 23<sup>rd</sup> to Saturday August 28<sup>th</sup> included.
- 7 days full board by Molino Rosso Hotel, from the Sunday August 22<sup>nd</sup> dinner to the Sunday August 29<sup>th</sup> lunch.

The "Companion" fee includes:

- 7 days full board by Molino Rosso Hotel, from the Sunday August 22<sup>nd</sup> dinner to the Sunday August 29<sup>th</sup> lunch.

The organization of cultural visits and wine-gastronomic excursions has been envisioned.

**The participation fee shall be paid at the arrival at Imola.**

### RESERVATIONS and INFORMATION

For reservations and additional information, please contact the AMIS secretaryship:

IRIS GARDINI, telephone and fax +39 0541 782371, mobile +39 338 7781719, e-mail [amis.italia@yahoo.it](mailto:amis.italia@yahoo.it)

Expiry date for reservations is Wednesday August 18<sup>th</sup>; however advanced reservation is welcome.

**The training will be made if the participants will be at least 10.**

### ORGANIZER CLUB

CIRCOLO SCHERMA IMOLA, e-mail [info@schermaimola.it](mailto:info@schermaimola.it), web site [www.schermaimola.it](http://www.schermaimola.it)

Reference: Mr. LORENZO MUSCARI, mobile +39 335 431918.

